



XI COMMERCE

SYLLABUS 2026-27



AGRASAIN BOYS' SCHOOL

[Affiliated to Council for the Indian School Certificate Examinations, New Delhi]

21/A, Agrasain Street, Liluah, Howrah-711204

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AGRASAIN BOYS' SCHOOL

Affiliated to the Council for the Indian School Certificate Examinations, New Delhi

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SYLLABUS : 2026-27

Class : XI (COMMERCE)

Class : XI

☐ **ENGLISH LANGUAGE:** _____

Total English-Class XI (Publisher: Morning Star)

❖ **ASSESSMENT-I:**

1. Composition
2. a) Directed writing (article writing, report writing) based on suggested points.
b) Proposal Writing
3. Short-answer questions to test grammar, structure and usage.
4. Comprehension.

❖ **ASSESSMENT-II:**

1. Composition
2. a) Directed writing (article writing, report writing, book review and blog writing) based on suggested points.
b) Proposal Writing
3. Short-answer questions to test grammar, structure and usage.
4. Comprehension.

❖ **PERIODICAL :**

1. Composition
2. a) Directed writing (article writing, report writing book review, blog writing and statement of purpose) based on suggested points.
b) Proposal Writing
3. Short-answer questions to test grammar, structure and usage.
4. Comprehension.

❖ **ASSESSMENT-III:**

1. Composition
2. a) Directed writing (article writing, report writing book review, blog writing blog and statement of purpose) based on suggested points.
b) Proposal Writing
3. Short-answer questions to test grammar, structure and usage.
4. Comprehension.

Project

Listening and speaking skills (topics for speaking skills will be provided by the subject teachers during the classes)

Chart and Model**Periodical****Model**

Design an innovative working model to demonstrate the use of Prepositions in English Grammar. (To be Prepared by **Roll 1-30**)

Chart

Design an informative and visually appealing chart to demonstrate the transformation of sentences from Active Voice to Passive Voice. Clearly illustrate the roles of the subject, verb, object and show how their positions and forms change during the transformation. Support your chart with suitable examples in different tenses. (To be Prepared by **Roll 31- till the last roll number**)

2nd Assessment**Model**

Design an innovative working model to demonstrate the use of Tenses in English Grammar. (To be Prepared by **Roll 31- till the last roll number**)

Chart

Design an informative and visually appealing chart to demonstrate the transformation of sentences from Direct Speech to Indirect Speech. Clearly show the changes in pronouns, tenses, reporting verbs, and time expressions, and support your explanations with suitable examples. (To be Prepared by **Roll 1-30**)

☐ **ENGLISH LITERATURE :** _____

❖ **ASSESSMENT-I :**

- I. **DRAMA:** Macbeth – William Shakespeare (Acts I till pages done)
- II. **PRISM:** A Collection of ISC Short Stories (Evergreen Publications (India) Ltd. New Delhi)
 1. A Living God-Lafcadio Hearn
 2. Advice To Youth – Mark Twain
- III. **RHAPSODY:** A Collection of ISC Poems (Evergreen Publications (India) Ltd. New Delhi)
 1. Abhisara: The Tryst – Rabindranath Tagore
 2. Why I Like the Hospital – Tony Hoagland

❖ **ASSESSMENT-II :**

- I. **DRAMA:** Macbeth – William Shakespeare (Acts I full & Act II – till pages done)
- II. **PRISM:** A Collection of ISC Short Stories (Evergreen Publications (India) Ltd. New Delhi)

1. The Paper Menagerie – Ken Liu
2. The Great Automatic Grammatizator – Roald Dahl
- III. **RHAPSODY:** A Collection of ISC Poems Evergreen Publications (India) Ltd. New Delhi)
 1. Sonnet 116- William Shakespeare
 2. Death of a Naturalist – Seamus Heaney

❖ PERIODICAL :

- I. **DRAMA: Macbeth** – William Shakespeare (Acts I & II)
- II. **PRISM:** A Collection of ISC Short Stories (Evergreen Publications (India) Ltd. New Delhi)
 1. A Living God-Lafcadio Hearn
 2. Advice to Youth – Mark Twain
 3. The Paper Menagerie – Ken Liu
 4. The Great Automatic Grammatizator – Roald Dahl
 5. Atithi – The Guest – Rabindranath Tagore
- III. **RHAPSODY:** A Collection of ISC Poems (Evergreen Publications (India) Ltd. New Delhi)
 1. Abhisara: The Tryst – Rabindranath Tagore
 2. Why I Like the Hospital – Tony Hoagland
 3. Sonnet 116- William Shakespeare
 4. Death of a Naturalist – Seamus Heaney
 5. Telephone Conversation – Wole Soyanka

❖ ASSESSMENT-III :

- I. **DRAMA:** Macbeth – William Shakespeare (Acts I, II)
- II. **PRISM:** A Collection of ISC Short Stories (Evergreen Publications (India) Ltd. New Delhi)
 1. A Living God-Lafcadio Hearn
 2. Advice to Youth – Mark Twain
 3. The Paper Menagerie – Ken Liu
 4. The Great Automatic Grammatizator – Roald Dahl
 5. Thank You, Ma'am – Langston Hughes
- III. **RHAPSODY:** A Collection of ISC Poems (Evergreen Publications (India) Ltd. New Delhi)
 1. Abhisara: The Tryst – Rabindranath Tagore
 2. Why I Like the Hospital – Tony Hoagland
 3. Sonnet 116- William Shakespeare
 4. Death of a Naturalist – Seamus Heaney
 5. Strange Meeting-Wilfred Owen

❖ English Literature Projects

1st Assessment- *With reference to the short story - The Living God, discuss how selfless help is an act of God. Share a real-life inspiring story or incident of someone who has done selfless duty to the society or humankind.*

2nd Assessment – With reference to *Macbeth*, discuss how the role of Lady Macbeth influenced Macbeth into an evil road? Was it only the influence of Lady Macbeth or was it Macbeth's ambition all along?

Periodical – Internal Assessment will be taken in the class

3rd Assessment – With reference to the poem *Strange Meeting*, discuss how it fits to be an anti-war poem. Given the current contemporary world scenario, how relevant is the poem?

Candidates are required to undertake a written Assignment of **1000-1500** words on the above topic which should be structured as given below:

The written assignment must follow the structure given below:

⌚ Introduction:

- Explanation of the question that has been framed
- explanation of how the candidate intends to interpret the chosen text and Literary materials used in the process
- Main Body – organised and well-structured treatment of the question using appropriate sub-headings.
- Conclusion – comprehensive summary of the points made in the main body.

INSTRUCTIONS TO THE CANDIDATES FOR ENGLISH PROJECTS :

1. The Projects are for ISC Board.
2. Handwriting should be neat and clear.
3. Write relevant matter and make it very creative.
4. Relevant pictures and quotations must be there. Pictures only on the non-ruled sheet and write on the ruled side.
5. Proper heading should be written in BOLD.
6. Significant lines, phrases and dialogues should be highlighted.
7. Do not use red and green ink.
8. Write relevant details on the first page itself.
9. School logo Subject, topic, submitted by and submitted to should be clear and legible.

☐ **MODERN ENGLISH :** _____

❖ **ASSESSMENT-I :**

I. DRAMA: *Pygmalion* - G.Bernard Shaw:

- ✓ Act I (till pages done)

II. PERSPECTIVES: A Collection of ISC Short Stories:

- ✓ Lawley Road - R.K.Narayan

III. REFLECTIONS: A Collection of ISC Poems:

- ✓ Father Returning Home-Dilip Chitre

❖ **ASSESSMENT-II :**

I. DRAMA: *Pygmalion* - G.Bernard Shaw:

- ✓ ACT I (full)

II. PERSPECTIVES: A Collection of ISC Short Stories:

- ✓ The Landlady - Roald Dahl
- ✓ Most Beautiful - Ruskin Bond.

III. REFLECTIONS: A Collection of ISC Poems:

- ✓ Life Doesn't Frighten Me - Maya Angelou.
- ✓ Sadness Comes - Donna Ashworth

❖ **PERIODICAL :****I. DRAMA:** Pygmalion - G.Bernard Shaw:

- ✓ ACT I (FULL) & II (TILL PAGES DONE)

II. PERSPECTIVES: A Collection of ISC Short Stories:

- ✓ Dream - Children: A Reverie -Charles Lamb.
- ✓ The Doll's House - Katherine Mansfield

III. REFLECTIONS: A Collection of ISC Poems:

- ✓ A Prayer for My Daughter - William Butler Yeats
- ✓ My Grandmother's House - Kamala Das.

❖ **ASSESSMENT-III:****I. DRAMA:** Pygmalion - G.Bernard Shaw:

- ✓ Act I & II (full)

II. PERSPECTIVES: A Collection of ISC Short Stories:

- ✓ Lawley Road - R.K. Narayan
- ✓ The Landlady - Roald Dahl
- ✓ Most Beautiful -Ruskin Bond
- ✓ Dream - Children: A Reverie - Charles Lamb
- ✓ Ratan Tata: A Life Settling in at Cornell (An Excerpt) -Thomas Mathew

III. REFLECTIONS: A Collection of ISC Poems:

- ✓ Father Returning Home-Dilip Chitre
- ✓ Life Doesn't Frighten Me - Maya Angelou.
- ✓ Sadness Comes - Donna Ashworth
- ✓ A Prayer for My Daughter - William Butler Yeats
- ✓ Bora Ring – Judith Wright.

❖ **Projects**

- ✓ **1st Assessment** - Based on the short story, Lawley Road by R K Narayan, discuss the use of irony to critique bureaucracy and post independence nationalism.
- ✓ **2nd Assessment** – With reference to Act I of Pygmalion by Shaw, analyze Eliza's personality from her first appearance to her visit to Prof. Higgins.
- ✓ **3rd Assessment** – In the poem, A Prayer For My Daughter, what concerns and hopes does he have for his daughter's future? Is it relevant in this modern time? What prayer and hope would you have for the future if you were to have a daughter?
- ✓ **Periodical** – Internal assessment will be conducted in the class.

Candidates are required to undertake a written Assignment of 1000-1500 words on the above topics which should be structured as given below:

The written assignment must follow the structure given below:

Introduction

Explanation of the question that has been framed

Explanation of how the candidate intends to interpret the chosen text and Literary materials used in the process

Main Body

Organised and well-structured treatment of the question using appropriate sub-headings.

Conclusion

Comprehensive summary of the points made in the main body.

INSTRUCTIONS TO THE CANDIDATES FOR MODERN ENGLISH PROJECTS :

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- School logo Subject, topic, submitted by and submitted to should be clear and legible.

Class : XI

❑ 2ND LANGUAGE HINDI : _____

पुस्तकें : १) काव्य मंजरी

२) गद्य संकलन

३) हिन्दी व्याकरण मंजूषा

४) सारा आकाश

❖ ASSESSMENT-I:

काव्य मंजरी

1) साखी

2) बाल लीला

गद्य संकलन

1) पुत्र-प्रेम

2) गौरी

सारा आकाश

पूर्वाद्ध : साँझ (खण्ड - १,२,३)

हिन्दी व्याकरण मंजूषा

1) निबंध

2) अपठित गद्यांश

3) अशुद्ध वाक्यों को शुद्ध करना (१-५०)

4) मुहावरे (१-५०)

❖ ASSESSMENT-II:

काव्य मंजरी

1) साखी

- 2) बाल - लीला
- 3) एक फूल की चाह

गद्य संकलन

- 1) पुत्र प्रेम
- 2) गौरी
- 3) शरणागत

सारा आकाश

पूर्वादध - साँझ (खण्ड ४,५,६,)

हिन्दी व्याकरण मंजूषा

- 1) निबंध
- 2) अपठित गद्यांश
- 3) अशुद्ध वाक्यों को शुद्ध करना (५१-१५०)
- 4) मुहावरें (५१-१५०)

❖ PERIODICAL :

काव्य मंजरी

- 1) बाल - लीला
- 2) एक फूल की चाह
- 3) आ: धरती कितना देती है

गद्य संकलन

- 1) गौरी
- 2) शरणागत
- 3) सती

सारा आकाश

पूर्वादध - साँझ (खण्ड - ७,८,९)

हिन्दी व्याकरण मंजूषा

- 1) निबंध
- 2) अपठित गद्यांश
- 3) अशुद्ध वाक्यों को शुद्ध करना (१५१-२००)
- 4) मुहावरें (१५१-२००)

❖ ASSESSMENT-III:

काव्य मंजरी

- 1) साखी
- 2) बाल-लीला

- 3) एक फूल की चाह
- 4) आ: धरती कितना देती हैं
- 5) नदी के द्वीप

गद्य संकलन

- 1) पुत्र प्रेम
- 2) गौरी
- 3) शरणागत
- 4) सती
- 5) आउट-साइडर

सारा आकाश

पूर्वाद्ध : साँझ (१-१०)

हिन्दी व्याकरण मंजूषा

- 1) निबंध
- 2) अपठित गद्यांश
- 3) अशुद्ध वाक्यों को शुद्ध करना (सम्पूर्ण आई. एस. सी पाठ्यक्रम)
- 4) मुहावरें (सम्पूर्ण आई. एस. सी पाठ्यक्रम)

निम्नलिखित विषयों पर परियोजना तैयार कीजिए। परियोजना- (600-800 शब्दों में)

1. 'बाल लीला' पद्य को कहानी में रूपांतरित करते हुए सचित्र परियोजना तैयार कीजिए।
2. कहानी कला की दृष्टि से 'शरणागत' कहानी की समीक्षा करते हुए सचित्र परियोजना तैयार कीजिए।
3. Listening and speaking skill to be done in regular Hindi class.

❑ 2ND LANGUAGE BENGALI: _____

पुस्तक : ISC प्रबन्ध ३ गद्यसंकलन, ISC प्रबन्ध ३ गद्य संकलन ওয়ার্কবুক, ISC কবিতাসংকলন, কোনি, ভাষা সোপান ।

❖ ASSESSMENT-I :

গল্প - ঠাকুরদা , জোড়াসাঁকোর ধারে
কবিতা - ওরাকাজকরে, পূব-পশ্চিম
কোনি - ১ - ৩ অধ্যায়।
ব্যাকরণ ও নির্মিতি- ISC সমগ্র পাঠ্যক্রম।

❖ ASSESSMENT-II

গল্প - তাসের ঘর, ঠাকুরদা , জোড়াসাঁকোর ধারে
কবিতা - বনলতা সেন, ওরাকাজকরে, পূব-পশ্চিম

কোনি - ১-৫ অধ্যায়।

ব্যাকরণ ও নির্মিতি- ISC সমগ্র পাঠ্যক্রম।

❖ **PERIODICAL:**

গল্প -অনাচার ,তাসের ঘর, ঠাকুরদা ,জোড়াসাঁকোর ধারে

কবিতা - বর্ণপরিচয়, বনলতা সেন, ওরাকাজকরে, পূর্ব-পশ্চিম

কোনি- ১-৭ অধ্যায়।

ব্যাকরণ ও নির্মিতি - ISC সমগ্র পাঠ্যক্রম।

❖ **ASSESSMENT-III :**

গল্প-রেকর্ড , তাসের ঘর, ঠাকুরদা , জোড়াসাঁকোর ধারে, অনাচার

কবিতা - সালেমনের মা, বনলতা সেন, ওরাকাজকরে, পূর্ব-পশ্চিম, বর্ণপরিচয়

ব্যাকরণ ও নির্মিতি - ISC সমগ্র পাঠ্যক্রম।

কোনি- ১-৮ অধ্যায়।

❑ **2ND LANGUAGE BENGALI PROJECT:**

1. তোমার পাঠ্য পুস্তকের অন্তর্গত যেকোনো একটি কবিতাকে ছোট গল্পের রূপ দান করো।
2. তোমার পাঠ্য পুস্তকের অন্তর্গত যেকোনো একটি ছোট গল্পকে কবিতার রূপ দান করো।
3. তোমার পাঠ্য পুস্তক এর অন্তর্গত যেকোনো একটি ছোট গল্প বা কবিতার বর্তমান সময়ের নিরিখে প্রাসঙ্গিকতা বিচার করো।
4. তোমার পাঠ্য পুস্তকের অন্তর্গত যেকোনো একটি ছোটগল্পের চরিত্র বিশ্লেষণ কর অথবা যেকোনো একটি কবিতার প্রেক্ষাপট আলোচনা কর।

Listening and speaking skill will be held in regular classes

❑ **APPLIED MATHEMATICS :** _____

❖ **ASSESSMENT-I:**

i Set, Trigonometry, Quadratic equations, Inequality, Complex numbers, Logarithm, Measures of dispersion.

❖ **ASSESSMENT-II:**

Relation and Function, Straight lines, Limits and Derivatives, Parabola, Correlation analysis.

Note: All the chapters in assessment - 1 are also included in assessment - 2 syllabus.

** Project should be submitted 15 days prior to the assessment -2 examination.

❖ **PERIODICAL :**

Circle, Permutation and Combination, Binomial theorem, Mathematical Reasoning, Linear Regression.

Note: All the chapters in assessment-1 and 2 are included in periodical syllabus.

❖ **ASSESSMENT-III:**

Sequence and Series, Probability, Financial Mathematics.

Note: All the chapters in assessment – 1 and 2, periodical are also included in assessment – 3 syllabus.

ISC MATHEMATICS PROJECT TOPICS:

The completed mathematics project file consisting of two mathematics projects need to submitted 15 days prior to the assessment- 3 examination.

❑ **COMPUTER SCIENCE :**

Computer Science with JAVA (A Textbook for class XI) (DHANPAT RAI & CO.)

❖ **ASSESSMENT-I:**

- Ch-1: Data Representation
- Ch-3: General OOP Concepts
- Ch-4: Introducing JAVA
- Ch-5: JAVA Fundamentals

Practical:

- Ch-:3,4,5

❖ **ASSESSMENT-I:**

- Ch-1,3,4 and 5 (Revision)
- Ch-2: Propositional Logic and Hardware
- Ch-6: Flow of Control
- Ch-7: Classes in JAVA

Practical:

- Ch-:3,4,5,6,7

❖ **PERIODICAL :**

- Ch-1 to Ch-7 (Revision)
- Ch-8: Functions (Methods)
- Ch-9: Program Error Types and Basic Exception Handling
- Ch-10: Using Library Classes and Packages

Practical:

- Ch-:3,4,5,6,7,8,9,10

❖ **ASSESSMENT-III:**

- Ch-1 to Ch-10 (Revision)
- Ch-11: Arrays
- Ch-12: Operations on Files
- Ch-13: Trends in Computing and Ethical Issues
- Introduction to Python

Practical:

- Ch-:3,4,5,6,7,8,9,10,11,12

Project Topics

1. Select a daily-use consumer product. Trace its origin right from the primary industry through the secondary and tertiary industries. Draw a flow chart to include all the business activities in its path from the producer to the consumer.
2. Visit a company that is involved in e-business (which offers online services) or a consultancy, which helps in developing websites for such companies. Study different aspects they keep in mind while preparing business plans for e-business. Include information regarding the payment mechanisms, security and safety of business transactions. The risks involved in e-business should also be covered. Also include the steps they follow while implementing the plan and starting the business.

❑ ENTREPRENEURSHIP

BOOK- ISC ESSENTIALS OF ENTREPRENEURSHIP- along with PROJECT WORK-ISC XI-PUBLISHER-SULTAN CHAND

❖ ASSESSMENT-I:

1. CHAPTER - 1 :ENTREPRENEURSHIP : ENTREPRENEUR AND ENTREPRENEURIAL MOTIVATION
2. CHAPTER-2: ENTRAPRENEURSHIP: INNOVATION IN ENTREPRENEURSHIP AND INTREPRENEURSHIP
3. CHAPTER - 6 : SUSTAINABLE DEVELOPMENT AND ENTREPRENEURSHIP.

❖ ASSESSMENT-II:

1. CHAPTER -3 : BUSINESS IDEATION AND ASSESSING BUSINESS ATTRACTIVENESS
 - CHAPTER 2. CHAPTER -4 BUSINESS PLANS.
- REVISION: ALL PREVIOUS CHAPTERS.

❖ PERIODICAL :

1. CHAPTER: 5 : EMERGENCE OF INDIA AS A GLOBAL STARTUP HUB
2. CHAPTER- 7: BUSINESS ETHICS AND CORPORATE GOVERNANCE.
3. CHAPTER-8: KEY ACTS AND REGULATIONS GOVERNING ENTREPRENEURSHIP IN INDIA

REVISION : PREVIOUS CHAPTERS.

❖ ASSESSMENT-III:

1. CHAPTER 9:GOVERNMENT SCHEME FOR ENTREPRENEURS.
 2. CHAPTER - 10 : ARTIFICIAL INTELLIGENCE ENABLED ENTREPRENEURSHIP.
- REVISION : ALL PREVIOUS CHAPTERS

ASSIGNMENT I

CONDUCT RESEARCHES ON ANY TWO ENTREPRENEURS AND CATEGORIES THEM ACCORDING TO THE CLASSIFICATIONS GIVEN BY DANHOF. GIVE REASONS FOR CLASSIFYING THE ENTREPRENEURS IN THE CHOSEN CATEGORY.

ASSIGNMENT II

VISIT AN ORGANISATION AND STUDY ITS CSR INITIATIVES. PREPARE A REPORT ON THESE INITIATIVES.

❑ **BUSINESS STUDIES :** _____

Book- ISC Business Studies (Part-II) Class- XII BY by Author- CB Gupta

Publisher- Goyal Brothers Prakashan

❖ **ASSESSMENT-I:**

1. CHAPTER - 1 : BUSINESS - PURPOSE AND CLASSIFICATION.
2. CHAPTER - 3 : CONTEMPORARY AND EVOLVING MODES OF BUSINESS.
3. CHAPTER - 4 : DOMESTIC TRADE.

❖ **ASSESSMENT-I:**

1. CHAPTER -2 : FORMS AND TYPES OF BUSINESS ORGANISATION.
- REVISION: ALL PREVIOUS CHAPTERS (CH- 1,3,4).

❖ **PERIODICAL :**

1. CHAPTER- 5 : BUSINESS RISK AND INSURANCE.
- REVISION : ALL PREVIOUS CHAPTERS (CH- 1,2,3,4)

❖ **ASSESSMENT-III:**

FULL SYLLABUS (CH - 1,2,3,4,5)

Project Topics

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❑ **ACCOUNTANCY:** _____

BOOK: • Double Entry Book Keeping & ISC Accountancy (T.S. Grewal).

Paper Distribution: Theoretical – 80 Marks | Project - 20 Marks

❖ **ASSESSMENT-I:**

- Introduction of Accounting,
- Theory and Concept,
- Journal,
- Ledger
- Trial balance.
- Cash book / Petty Cash Book

❖ **ASSESSMENT-II:**

- Sub division of Journal,

- Capital and Revenue Expenditure,
- Reserve and provisions
- Bank Reconciliation Statement.
- Depreciation
- Final Account
- (Including all previous topics)



PERIODICAL :

- Bank Reconciliation (Amendment cash Book)
- Depreciation (Provision for Depreciation)
- Bills of Exchange (till Dishonoured of bills and Renewal)
- Final Account
- Bills of Exchange



ASSESSMENT-III:

- Bills of Exchange (Continue from Insolvency),
- Non trading Organization,
- Rectification of Errors.
- Computerised Accounting System
- Full book.

ACCOUNTANCY

TOPIC 1

Topic: Preparation of Journal, Ledger, Trial Balance Cash Book and Financial Statement of a Trading Organisation on the basis of a case study. Also write about the meaning, features, format description, importance and limitations on each above topics.

TOPIC 2

Topic: BILLS OF EXCHANGE (For periodical only Theory and continue it or Third Assessment with all the Relevant practical sums to be incorporated)

MEANING / TYPES/ ADVANTAGE /Parties/ Comparison with other financial instruments.

Do one practical problem on each of the following topics (honoured and as well as dis-honoured)

- Bill retained till maturity
- Bill Discounted with bank
- Bill Endorsed
- Bill is sent for collection
- Retirement of a Bill
- Renewal of a Bill
- Insolvency of Drawee.

❑ ECONOMIC: _____

❖ ASSESSMENT-I:

- Definitions of Economics
- Basic Concepts of Economics
- Basic Problems of an Economy
- Types of Economies
- Economic Growth and Development
- Definition, scope, Importance and Limitations of Statistics
- Collection, Organisation and Presentation of Data
- Measures of Central Value

❖ ASSESSMENT-II:

- Solutions to the Basic Problems under different Economies
- Parameters of Development
- Sustainable Development
- The Problem of Poverty in India
- Profile of Indian Agriculture/Rural Development
- Measures of Dispersion
- (Including 1st Assessment Syllabus)

❖ PERIODICAL :

- Indian Economy post liberalisation
 - Structural changes in the Indian economy after liberalisation
 - Planning and Economic Development in India
 - Human Capital Formation in India
 - Correlation
- (Including 1st and 2nd Assessment Syllabus)

❖ ASSESSMENT-III:

- Unemployment in India
 - Index Number
- (Full Syllabus)

Project topics:

1. Data and data collection in statistics
2. Cooperative credit system in India

❑ PHYSICAL EDUCATION: _____

❖ ASSESSMENT-I:

- Ch. 1 (Part A) – Concept of Physical Education.
- Ch. 2 (Part A) – Individual Aspects and Group Dynamics.
- Ch. 4 (Part B) – Cricket.

- Ch. 5 (Part B) – Football.
- Project: Cricket

❖ **ASSESSMENT-II:**

- Ch. 4 (Part A) – Nutrition, Weight Control and Exercise.
- Ch. 4 (Part B) – Cricket.
- Ch. 5 (Part B) – Football.
- Includes all the chapters of 1ST Assessment.
- Project: Cricket (To be submitted on the Practical Exam Day)

❖ **PERIODICAL :**

- Ch. 3 (Part A) – Effects of Physical Exercise on Human Body Systems.
- Ch. 6 (Part A) – Games and Sports–A Global Perspective.
- Ch. 4 (Part B) – Cricket
- Ch. 5 (Part B) – Football
- Project: Football
- Includes all the chapters of 1ST Assessment & 2ND Assessment.

❖ **ASSESSMENT-III:**

- Ch. 5 (Part A) – Physical Fitness and Wellness.
- Includes all the chapters of Periodicals and Assessments.
- Revision of all the completed chapters of the session.
- Project: Cricket & Football (To be submitted on the Practical Exam Day)

❑ **SUPW :** _____

❖ **ASSESSMENT-II:**

Subsidiary Service

1. Envelope making.
2. Mask making.
3. Homemade hand sanitizer.
4. Project file.

❖ **PRE-BOARD:**

Main craft service

5. Bottle craft.
6. pickles preparation.
7. Cleaning.

❑ **PHYSICAL TRAINING (PT) :** _____

❖ **ASSESSMENT-II:**

1. March Past.
2. Jogging & General Warming-up
3. Cardio Exercises:

- a) Sprinting
- b) Distance Running
- c) Jumping Jack
- d) Box Jump
- 4. Fitness Training:
 - a) Push-ups
 - b) Jump Squats
 - c) Bend knee sit-ups
 - d) Mountain Climbers
 - e) Plank Jacks
 - f) Sit & Reach
- 5. 600m. Run
- 6. First Aid
- 7. Indoor Games

❖ **PRE-BOARD:**

- 1. Jogging & General Warming-up
- 2. Agility workout.
- 3. Tug-O-War
- 4. Team sports:
 - a) Soccer
 - b) Basketball
 - c) Handball
 - d) Kho-Kho
 - e) Kabaddi
- 5. Fitness Training:
 - a) Sit & Reach
 - b) Partial Curl
 - c) Lunges
 - d) Burpees
- 6. March Past.

□ **YOGA (MEDITATION) :** _____

❖ **ASSESSMENT-II:**

- | | | |
|------------------|---------------------|--------------------|
| • Yoga prayer | Om chanting | Surya namaskar |
| • Setubandhasana | Abdominal breathing | Sheetali Pranayama |

❖ **PRE-BOARD:**

- | | | |
|--------------|------------------|-----------|
| • Brikhasana | Ardha chakrasana | Yogamudra |
| • Kapalbhati | Anuloma- Viloma | |

